

Date: 2/1/15

Internship Opportunity: Weight Management Program Assistant- Nutrition and Dietetics Private Practice, Queens, NY

Elizabeth Madison Nutrition, PLLC, is a nutrition and wellness company that provides Medical Nutrition Therapy with a specialization in weight loss, emotional eating issues, and nutrition consultation services for child care centers, supermarkets and senior citizen programs.

We are seeking an intern to provide support for our weight management clients. This is a perfect opportunity for an individual interested it weight management programs and/or exploring a career in the nutrition/dietetics field.

Key responsibilities include:

- conduct weekly outreach to clients via email and text, and, occasionally voice
- inquire about and document clients' progress with their food and exercise plan
- send requests/reminders to clients regarding daily Action Plan activities
- review food plans and provide feedback (with EM guidance)
- track client progress: weights, other health indicators, e.g. cholesterol, A1c.

Work Location: Virtual. Intern will work from home. May meet with Elizabeth in person occasionally at office.

Requirements:

- 1. Enrollment in BS or MS level Nutrition or Health Major.
- 2. Good computer skills (Microsoft Office). Must have own computer with internet capacity and Skype capability.
- 3. Good communication skills.
- 4. Friendly, outgoing personality. Likes to work with the public.
- 5. Organized and good attention to detail.

Position Start Date: Immediately

Main Office Location: Elizabeth Madison Nutrition/Weight Loss Transformation LLC.: 219-10 South Conduit Avenue, Lower Level 1
Springfield Gardens, NY 11413
718-276-6037 (office number)

Visit our website for more information about our company, <u>www.weightlosstransformation.com</u>. Please send your resume with cover letter to Elizabeth M. Madison, MA, RD, CDN, CNWC, CRC elizabeth@weightlosstransformation.com.